

FIGHTSMITH

EST BOXING 2014

TIME/DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30AM			ADULT BEGINNERS 5:30AM - 6:30AM Scott		ADULT BEGINNERS 5:30AM - 6:30AM Scott	
7:30AM						
9:30AM						
4:30PM	YOUTH BOXING 4:30 - 5:30PM Dimitri		YOUTH BOXING 4:30 - 5:30PM Dimitri	KARATE GYM CLOSED 4:00-5:00 PM	ELITE YOUTH BOXING (INVITE ONLY CLASS) Dimitri	
5:30PM	ELITE COMPETITION BOXING (INVITE ONLY CLASS) Andrew	ADULT BEGINNERS 5:30PM - 6:30PM Dimitri		ADULT BEGINNERS 5:30PM - 6:30PM Scott	ELITE COMPETITION BOXING (INVITE ONLY CLASS) Andrew	
6:00PM		ADULT INTERMEDIATE 6:30PM- 7:30PM Louise	ELITE COMPETITION BOXING (INVITE ONLY CLASS) Andrew	ADULT INTERMEDIATE 6:30PM- 7:30PM Scott		
7:00PM						